



School Prayer Card

Monday: Pray for your teachers

Tuesday: Pray for the students on your left and right.

Wednesday: Pray for your Principal.

Thursday: Ask God to help you to be a good friend to someone.

Friday: Thank God for His blessings from the week.

Important Upcoming Dates:

- Friday 15 June** – Lightning Carnival – Year 5 & 6
Saturday 16 June – School/Parish Mass – Kindy class organising – 5.30pm
Tuesday 19 June – Night of the Notables – 6pm & School Board Meeting—7pm
Wednesday 20 June – Interschool Cross Country Carnival
Thursday 21 June – Year 3 Oracy
Friday 22 June – Year 6 Assembly & Academic All-Stars Competition
Sunday 24 June – 1st Holy Communion – 9.00am
Wednesday 27 June – Interschool Chess Competition – St. Thomas' hosting & EduDance Concert – 6.00pm
Friday 29 June— Presentation Mass & St Thomas' Feast Day

From the Principals Desk

Dear Parents and Members of our School Community

Cross-country Carnival: Thanks to Mrs. Seaman for her organisation of last Friday's Cross Country Carnival. Also thanks to the teachers for their assistance with the training which took place before school in the weeks leading up to the carnival. Congratulations to **Forrest** who won the Overall Shield. Individual champions and runner-ups are mentioned in Mrs. Seaman's report later in the newsletter. Best of luck to the Interschool Team who will be competing on Wednesday 20 June.

Interschool Sports: Tomorrow, Friday 15 June the students in Year Five and Six along with some students from Year Four, will be competing in soccer, AFL and netball against six other Catholic schools from around our region. The children under the guidance of Mrs. Seaman and their teachers have been training hard for this event. Good luck to all teams and enjoy the day.

School/Parish Mass: Our next Parish/School

Mass will take place this Saturday, 16 June, at 5.30pm. Our Kindy students along with their parents, Mrs. Jones and Mrs. Koong are organising the Mass and sausage sizzle. Please come along and support some of our youngest students as they celebrate this important event.

Night Of the Notables/Oracy/Academic All-Stars: Best of luck to those students who are presenting their 'Notables' at next Tuesday (20 June) night's 'Night of the Notables'. The children have put considerable effort and work into this production. Thanks to Mrs Keatch for all her assistance.

Best of luck to the Year Three students who will be presenting their speeches and poetry for Oracy on Thursday 21 June.

Best of luck also to: Will Bennett, Miles Edwards, Alex Garbowski, Isabel Hennessy, Zoe McIlree, Annabel Hurst, Ruby Preston and Aditi Nguyen who are representing St. Thomas' at this years Academic All Stars competition. This takes place on Friday 22 June at St. Dominic's. The areas of

competition include: chess, engineering, mathematics, English, poetry, art, drama and general knowledge. Thanks to Mrs. Keatch for coordinating our team.

Finally, best of luck to those students representing St. Thomas' at the upcoming Interschool Chess Competition on Wednesday 27 June.

Year Six Assembly: Our next major assembly of the year will take place on Friday 22 June. The Year Six class will be showcasing their learning.

First Holy Communion: Please remember to keep in your prayers the Year Four students who are preparing for their First Holy Communion. The Sacrament will be celebrated on Sunday 24 June at 9.30am Mass.

Edu-Dance Concert: We hope that parents from Pre-Primary to Year Six are excited about the upcoming Edu-Dance Concert on Wednesday 27 June. The children have learnt their routines beautifully and are now ready to rock the night away. Please be aware that this year's event will take place at **Loreto Primary Nedlands**.

St Thomas Feast Day and Presentation Sisters Mass: On Friday 29 June, we will be celebrating St Thomas' Feast Day and also having a special mass to acknowledge the work of the Presentation Sisters.

- ◆ 9.00am Presentation Sisters' Mass
- ◆ 10.00am Time in class
- ◆ 10:50am St Thomas' Feast Day Activities rotation - sports, team building, art & fun
- ◆ 12.30am Sausage Sizzle lunch (provided by the school and prepared by Year Six students).
- ◆ 1.40pm St Thomas' Feast Day Activities rotation - sports, team building, art & fun

KINDY 2019: We are currently taking applications for enrolments for 4 year old Kindergarten for **2019**. Your child must be 4 years of age before June 30 2019 to be eligible. Upon a successful enrolment, interview positions for 3 year old Kindy will be discussed with parents. Please download form from our school website for applications. Interviews will be taking place in Terms Two and Three. If you know of any families who may wish to send their child/ren to St Thomas' please ensure you pass on this information.

School Compliance Data

The Federal Government requires all schools to publish contextual information on an annual basis. The 2017 information for St Thomas' School is now available on our school website. Please go to the 'Our School' tab and click on Compliance Reports to access the School Performance Data and Annual Report for 2017.

Tech Tips: May I draw your attention to our new Tech Tips by Mr vB. This is a very important section of our newsletter and I encourage all families to read this thoroughly. So far Mr vB has covered the game *Fortnight* and this week he looks at the *Cyber Safety Lady*.

School Fees: A VERY BIG thanks you to those families who have paid their 2nd installment of fees. A gentle reminder for those yet to pay, that this information is due before Term 2 ends. Please see Julie or Leanne in the office for any further queries.

Absentee Notes: It is a legal requirement for parents to inform the school/class teachers prior to a child being absent if it involves a previously arranged appointment. If a child is ill an email to either the class teacher or the school office (admin@stthomas.wa.edu.au) will assist with our record keeping. If your child is absent for two hours or more an absentee note must be completed and given to the class teacher when the child returns. This also is a legal requirement. From time to time you will receive a reminder if you have forgotten to send in a note explaining your child's absence. We thank you for your assistance with this matter.

With regards and best wishes

Justin Tuohy

Principal

Religion News

The Year 4 students are preparing to receive their First Holy Communion on Sunday 24 June at the 9.30am mass. An invitation is extended to join with the St Thomas' Community for this special occasion. In the Eucharist Jesus is present in body, soul and divinity under the form of bread and wine. The Catholic Church teaches that the Eucharist is the source and summit of the life and the mission of the Church. *Jesus himself said, "Those who eat my flesh and drink my blood abide in me and I in them." (John 6:56) And in the Eucharist he keeps his promise to be with us until the end of time. (Matthew 28:20)*

The word 'Eucharist' comes from the Greek word 'Eucharisteo', which means 'give thanks'. We give to him ordinary bread and wine; he gives to us body and soul, when we receive his body and blood which gives us eternal life.

The Eucharist is also unifying; uniting us with God and with each other. God unifies us from the ground up. Our very matter, the cells that make up the bodies of every person born from the beginning until the end of time are all made up of the same stuff which is continually being recycled throughout the universe. Since Jesus' resurrection we are now also being made a creation of a new order, being nourished with his own body, soul and divinity.

Nourished by Jesus' Eucharistic presence, we leave Mass and go back to our homes, workplaces, and places of gathering as the living Body of Christ, to do his work in the world today. To make his Kingdom come on earth, as it is in heaven.

To complement the theme of sharing the meal of the Eucharist, this article shows the importance of family meals together-

Family Meals Matter

Studies show that family meals deliver a host of benefits to both children and parents. Most of these benefits are independent of ethnic background, socio-economic status and whether it is a one or two parent home.



- Improves vocabulary and reading. Conversation around the family table teaches children more vocabulary and this advances reading.
- Improves school grades. Having regular family meals was a strong predictor of academic achievement in several different studies.
- Lowers risk-taking behaviours. Kids who have regular family meals are less likely to take drugs, feel depressed or have suicidal thoughts, smoke cigarettes, drink alcohol, have sex at a young age or get into fights.
- Improves family relationships. Children who have frequent family meals report better family communication, stronger family ties and a greater sense of identity and belonging. Many families use this time to catch up on each others' lives.
- Improves diet. Family meals are associated with a lower intake of soft-drinks and snack foods and improved intakes of fruits, vegetables, grains, calcium-rich foods, protein, iron, fibre and Vitamins A, C, E, B6 and folate. Girls in these families exhibited fewer eating disorders or extreme diet behaviours. Consistent meals discourage snacking and model healthy eating habits. Adapted from www.mealsmatter.org.

Some very good resources on Catholic and family life today:

<https://cathfamily.org>

<http://www.togetheratonealtar.catholic.edu.au>

Thank you to the families that have generously donated items to the Schoolbags for Jesus Appeal. Collections of exercise books, stationery, small toys and T shirts can be made to the end of the term. The collection boxes are in the Makerspace on the back wall.

Wishing you a blessed week

Mrs Sullivan

Tech Tips

with Mr vB

Understand the online world with your kids



This Week's focus: The Cyber Safety Lady

I often get asked by St Thomas' parents for my advice/opinions on children's use of technology, so I have created '**Tech Tips with Mr vB.**' In each newsletter you will be able to find information, tips, ideas, links and strategies to help you understand and manage the online world of your children, which can be quite the tricky task!



This week, I am sharing a fantastic resource for parents – **The Cyber Safety Lady**. The Cyber Safety Lady is a website and Facebook page run by Leonie Smith, one of Australia's best known Cyber Safety experts. Her focus is on providing up-to-date information about current apps, games, websites, etc., as well as practical advice and solutions for keeping

everyone safe online, particularly children. She has been featured on 60 Minutes, The Project, The ABC and many other television and radio shows.

I follow her on Facebook and she always has fantastic information, particularly focusing on current internet safety issues. Please head to her page and like/follow to help educate and keep yourself up-to-date with all things internet!

I strongly encourage all parents to follow her in at least one of the following ways:

Facebook: <https://www.facebook.com/TheCyberSafetyLady/>

Website: <https://thecybersafetylady.com.au>

Twitter: [@LeonieGSmith](https://twitter.com/LeonieGSmith)

If you have any suggestions for topics you would like me to write about, please feel free to contact me with any suggestions for future newsletters – ryan.vonbergheim@cewa.edu.au

Ryan von Bergheim

Assistant Principal

Congratulations to St Thomas' Y6 students who have been awarded scholarships.

We are all very proud of you.

Adrian Garbowski—Academic Entrance -Scotch College

Sienna Howard— Iona Past Pupils Association (IPPA)—Iona Presentation College

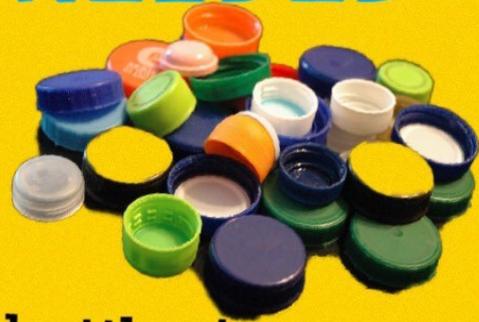
PLEASE START COLLECTING FOR THE ART SHOW NOW!

MATERIALS NEEDED

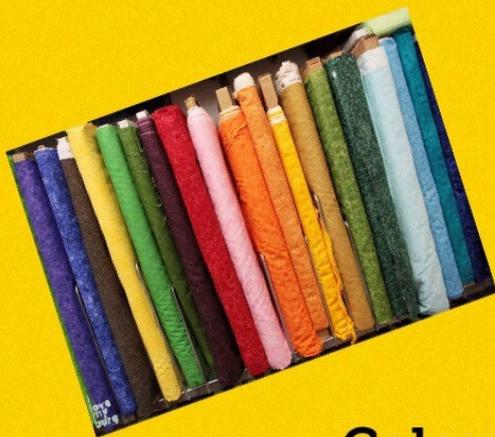


Glitter

String



Plastic lids - from milk bottles jars etc...



Coloured straws

Wooden beads

AA batteries

Coloured tissue paper



Fabric - remnants or scraps

Patterned paper

500ml plastic water bottles



Drop off outside the library

THANK YOU

CROSS COUNTRY RESULTS

We could not have asked for better weather considering the day before our Carnival! All of the children competed so well and with such great sportsmanship. It was pleasing to see so many smiles at the start as well as at the finish. To our Pre Primary class competing for the first time – you did an amazing job!

Thank you to all of the parents and family members who came to cheer on the children. I know that the children loved seeing so many supporters as they crossed the finish line. Special thanks to all of the parent volunteers who assisted transporting the gear to and from school, setting and packing up, collated the results and the marshals on the course. I really appreciate your help on the day.

Below are the results on the day:

	1 ST	2 ND	3 RD
Pre Primary – Girls	Grace Galbally	Miah Slater	Mimi Grosse
Pre Primary - Boys	Charlie Calder	Patrick McGoldrick	Inderpal Singh
YEAR 1 - GIRLS	Grace Chantler	Lily Gee	Poppy O’Sullivan
YEAR 1 - BOYS	Charlie Dunn	George Radalj	Hamish Lorbeer
YEAR 2 - GIRLS	Allegra Howard	Chloe Chatfield	Mila Burns/Amelie Trend
YEAR 2 - BOYS	George Galbally	Jack Hurst	Rory McIlree
YEAR 3 - GIRLS	Evie Rose Radalj	Sophie Calder	Jewel Grosse
YEAR 3 - BOYS	Bastian Dominguez	Christian Lorbeer	Rhys Hennesy
YEAR 4 - GIRLS	Lilly Cribb	Ruby Bogoias	Ashlee Bennett
YEAR 4 - BOYS	Nicholas Prichard	Luca Howard	Austin Trend
YEAR 5 - GIRLS	Annabel Hurst	Poppy Hartfield	Ruby Preston
YEAR 5 - BOYS	Will Bennett	Alex Garbowski	Sam Hicks
YEAR 6 - GIRLS	Sienna Howard	Maya Ness	Genevieve Moody
YEAR 6 - BOYS	Xavier Harris	Austin Moltoni	Lucas Preston

Overall Champion Faction

1st Forrest 229 points

2nd Gittens 200 points

3rd Sheridan 163 points

Spirit Award Forrest



INTERSCHOOL CROSS COUNTRY TEAM

Congratulations to the children below who qualified via our Cross Country Carnival to represent St Thomas' at the Interschool Cross Country Carnival, on Wednesday 20th June at Dianella Reserve.

Congratulations to Sienna Howard and Xavier Harris who are our Interschool Captains for 2018.

	GIRLS	BOYS
YEAR 3	Evie Radalj Sophie Calder Jewel Grosse Charlotte Foot Charlotte Di Latte * Sophie Cleary absent	Bastian Dominguez Christian Lorbeer Rhys Hennessy Finnlay Briggs Fred Channey
YEAR 4	Lilly Cribb Ruby Bogoiias Ashlee Bennett Aurelia Barbaro Lily Lucas	Nicholas Prichard Luca Howard Austin Trend Jovi Gibson Jacob Branchi
YEAR 5	Annabel Hurst Ruby Preston Genevieve Hagemann Gemma O'Brien Isabel Hennessy *Poppy Hartfield absent	Will Bennett Alexander Garbowski Sam Hicks Aidan Bourne Zavier Burns
YEAR 6	Sienna Howard Maya Ness Genevieve Moody Sophia Jones Nyvada Slater	Xavier Harris Austin Moltoni Lucas Preston Patrick McAuliffe Pat Edwards

UPCOMING EVENTS:

Winter Lightning Carnival – Friday 15th June at Wembley sports park from 10am.

Netball – Matthews (State Netball Centre)

AFL – Pat Goodridge Park

Soccer – Henderson Park

Interschool Cross Country Carnival – Wednesday 20 June at Dianella Reserve number 1. Races commence at 12.15pm.

Sharon Seaman
Physical Education

St Thomas Catholic Primary School

EDU-DANCE COSTUME 2018

Year Group	Item	Costume
Pre-Primary	You're Welcome	Tropical coloured shirt, school shorts. Girls can have flowery hair ties, boys can have green sash around waist (both optional).
Year 1	Ice Age Family	Blue t-shirt with cut-out of 1 st letter of child's name attached to front and school shorts.
Year 2	Puzzled Robots	White t-shirt with cut-out of a puzzle piece attached to front and school shorts.
Year 3	Shout	Red t-shirt and school shorts with coloured trumpet. Girls : Can tie up hair and tease Boys : Can spike up hair
Year 4	Rock This Party	Plain white t-shirt and black or dark coloured pants, coloured bandana around neck. Cap can be worn only if it is brought to class to practice with.
Year 5	Song on the Radio	Plain white t-shirt with jeans or long dark pants. Flannel long sleeve shirt for tying around waist.
Year 6	Thunder	Black pants and mix or grey, black or white t-shirts. Thunderbolt to be stuck to shirt (see Mrs Voysey)



St Thomas' P & F Pre-Edudance Social

Join us for (late) afternoon tea while our dancers have their final rehearsal.

Drop the kids off at 5pm then head to Loreto's undercover area for tea, coffee and a selection of treats.

"Bonus biscuit" for those who bring their own reusable cups!

Everyone welcome!

**Thank you to Our
Wonderful
Year Two's
for their
Assembly This
Week**



Check out What's On in the Town of Claremont @ www.claremont.wa.gov.au

Thursday 12 July 10am-11:30am

Have fun with worms – a fun activity to introduce you to the benefits of worm farming to transform household scraps into garden food Presented by Western Metropolitan Regional Council

Book at <https://www.trybooking.com/389864>

Friday 13 July 1:00pm -3:00pm

What can you do with an empty 3 litre plastic milk bottle and old newspapers? Join Wilma Van Boxtel to find out how using your imagination and experimenting you can create a mask to take home. Maybe add horns or use plastic shopping bags to create a hairdo for your mask.

Book at <https://www.trybooking.com/389872>

All children under the age of 12 must be accompanied by an adult.

All sessions held at the Claremont Community Hub and Library 327 Stirling Highway Claremont



Mr Tuohy tells a story!

The Pre Kindy children this week enjoying their visit from Mr Tuohy.

SUSTAINABILITY

SQUARE



A brand new series of War on Waste starts July 24 on the ABC. The program tackles Australia's growing waste and shines a spot light on our use of plastic bags, straws, clothes and food. The show links beautifully to the theme of our Art Show later in the year and work done by the 'Green Team', who are doing great work in sustainability. Season 1 is available online.

For the Art Show, the Year 3 class will be creating a structure out of straws to draw attention to this nasty piece of plastic. Straws take hundreds of years to break down and have an extremely short lifespan. Plastic straws are a single-use item, and are ending up in our oceans by the thousands. The structure will include pledges made by students and visitors if they wish to pledge to never use straws again. These will be placed on the structure during the show.

Peter O'Mara

Art Show Meeting
Thursday 21 June 730pm
at the Unicorn Bar Shenton Park
All welcome!

For information contact natalie.bogoiias@gmail.com

PIC•COLLAGE

Fabric Wanted!

The Art Show Team need fabric scraps and remnants for one of the exciting projects!
If you can help please deliver to the front office.
Thank you

PIC•COLLAGE

Extend After School Care at St Thomas' Primary School



Fortnightly Recap

Hello everyone!

We are already in Week 7 and it's amazing how fast time flies. We have been doing lots of fun activities in Extend Before and After School Care, making beautiful art crafts, cooking yummy treats, doing cool science experiments, enjoying indoor and outdoor games. Over the past two weeks, we have had Moon Paper Plate, Animal Paper Plate, Tissue Paper Flower and Tree making, Pompom Mobile, Pompom Bag Charm Key Ring, Multi-coloured Handprint, Kangaroo Craft and Boomerang Design. We also had Stem Challenge: DIY Paper Plate Marble Maze, DIY - Pipe Cleaner Bubble Wand and Nature Craft- Twig Boat. We have cooked our favourite Cheesy Vegemite Twist and Banana Muffins too. We enjoyed playing Soccer, Farmer Sam Tag game and Pass the Ball Relay and some free play outside. To use up our energy during rainy days we had some indoor activities like musical bob and statue, talent show- dancing and acting, pass the ball, "King, Queen, Prince" game and playing charades.



Our Extend Superstars are:

Aurelia Barbaro and **Grace Johnston** for organising an activity they called "The Minds" where the participants go through a series of games and tournaments and for encouraging everyone that it doesn't matter if you win or lose as long as you try and have fun. Well done Aurelia and Grace!

What's on next week?

Monday 18 June Balloon Painting and Balloon Rocket making

Tuesday 19 June Chatterbox Making and Origami Animals making

Wednesday 20 June Salt water Experiment and Sparkly Explosion

Thursday 21 June Paper Plate Clock making and Cooking Anzac Biscuits

Friday 22 June Door Hangers and Dodge Ball

Wishing you all a wonderful week!

Liesel Menguito

Extend Service Coordinator

Email:

stthomasclaremont@extend.com.au

Phone: 0430598293

Service hours:

Before School Care: (7:00am- 9:00am)

After School Care: (2:15pm - 6:00 pm)

Customer service & booking enquiries:

1300 366 437

PARENT PORTAL:

www.lookedafter.com



Extend's school holiday programs are a fantastic opportunity for your child to do fun and engaging activities with friends. Book 14 days in advance to receive the early bird rate.

Bookings open now!
Find your local Extend Squad: extend.com.au