

ENROLMENT FORM

RARE INDIGO SWIMMING

Inquiries please email: info@rareindigoswimming.com

Name																	
School						Year Group						Age					
Attempting stage (please circle)	Please note, we reference previous years lessons to help ensure children are correctly graded in our program.																
	Acknowledging that many children do lessons through the year, so we do take those improvements in consideration.																
Attempting stage (please circle)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	PLEASE GRADE	
Stage descriptions	Please go to our website for assistance. www.rareindigoswimming.com																
Medical considerations																	
Medical considerations																	
Medical considerations																	
Medical considerations																	

I **DECLARE** that the information I have provided in my enrolment is true and correct to the best of my knowledge.

RISK WAIVER

I agree to my child’s participation in the Rare Indigo Management Program (referred to as the ‘Program’). In the event that a participant sustains an injury, illness or other medical problem, I authorise Rare Indigo Management to arrange any medical assistance that may be required and I agree to pay all costs associated with any such medical assistance.

I understand that although Rare Indigo Management attempts to minimise any risk of personal injury I acknowledge that there is an inherent risk of personal injury in activities undertaken as part of this Program.

DISCLAIMER

I, _____ parent/guardian of _____

admit knowingly that I have enrolled my child in a swimming and education-based Program that includes, but is not limited to, swimming in locations such as open and closed water environments.

Unless I have disclosed it in this form, I am not aware of any illness or condition which would put the participant’s health at risk if he/she participates in the Program. Where I am unsure about the participant’s health status, I acknowledge that it is my responsibility to arrange any medical examination necessary to ascertain the participant’s health status. I agree that, in the interest of safety of other participants, I will refrain from bringing the participant to the Program lesson if the participant is suffering from any contagious health condition.

I acknowledge that Rare Indigo staff are only responsible for supervising those participants directly involved in the Program lesson which they are teaching, and only during such time as the lesson is being conducted.

To the extent permitted by law, I: (a) release Rare Indigo Management and its officers, employees, agents, volunteers and contractors (referred to as ‘Parties’) from liability for loss, damage or injury however arising from or in connection with; and (b) indemnify the Parties for and against all loss, claims, proceedings, liabilities, penalties, costs and expenses arising directly or indirectly from or in connection with, the participant’s attendance at, or participation in, the Program in the reasonable time before, during and after instruction is given.

This release and indemnity will not apply to the extent that any of the Parties have not exercised due care and skill in connection with the Program.

Parent / Guardian’s Name: _____

Parent / Guardian’s Signature: _____

Date: _____

Grading Help for Surf lessons...

What can my child do?	Enrol your child in this Stage	
Complete beginner, not confident in surf environments	1.	Beach Fun
Confident in the water and ready to learn forward glides and kicking	2.	Beach Introduction
Ready to learn freestyle breathing	3.	Beach Beginner
Can swim 10m freestyle with a breathing pattern	4.	Beach Discovery
Can swim 15m freestyle with a breathing pattern. Can do basic breaststroke	5.	Beach Awareness
Can swim 25m freestyle; breaststroke shows symmetrical leg action	6.	Beach Confidence
Confidence in completing 50m freestyle; has timing for breaststroke	7.	Beach Sense
Has confidence in swimming 100m freestyle; Competent with other strokes, and ready to stretch distance/fitness	8.	Beach Wise
Can do all other stroke well over distance, but ready to connect all continuously; can swim 150m	9.	Beginner Surf
Swimming fitness is strong, there are no technique issues; has learnt basic board skills; can swim 200m	10.	Introduction Surf
Effective swimming skills and competent surf skills (ducking under waves, and body surfing); can swim 250m	11.	Junior Surf
Effective swimming skills and a sound understanding of personal safety and survival skills; can swim 300m	12.	Intermediate Surf
Sound swimming and personal survival skills, knowledge and understanding; can swim 350m	13.	Senior Surf
Sound swimming and personal survival skills, and knowledge plus an understanding of non-contact rescues; can swim 400m	14.	Junior Advanced Surf
Sound knowledge and practice of water safety and rescue skills. Effective swimming skills in a range of strokes over long distances (100m per stroke)	15.	Senior Advanced Surf

Grading Help for pool lessons...

What can my child do?	Enrol your child in this Stage	
Complete beginner	1.	Beginner
Confident in water, head underwater; glide forward; glide backward and recover to a stand	2.	Water Discovery
Swim 5m freestyle; glide backward, kick and recover to a stand	3.	Preliminary
Swim 10m freestyle with face in water; swim 5m breaststroke kick	4.	Water Awareness
Swim 15m freestyle; 10m backstroke; 10m survival backstroke	5.	Water Sense
Swim 25m freestyle; 15m breaststroke or 15m survival backstroke	6.	Junior
Swim 50m freestyle continuously (without stopping)	7.	Intermediate
Capacity to swim effectively using a range of strokes over 150m	8.	Water Wise
Capacity to swim effectively using a range of strokes over 200m	9.	Senior
Effective swimming skills with a sound knowledge and understanding of water safety	10.	Junior Swim and Survive
Effective swimming skills with a developing knowledge and understanding of personal safety and survival skills	11.	Swim and Survive
Effective swimming skills including the ability to complete a clothed swim and a sound understanding of personal safety and survival skills	12.	Senior Swim and Survive
Sound swimming and personal survival skills, knowledge and understanding	13.	Wade Rescue
Sound swimming and personal survival skills, and knowledge plus an understanding of non-contact rescues	14.	Accompanied Rescue
Sound knowledge and practice of water safety and non-contact rescue skills. Effective swimming skills in a range of strokes	15.	Bronze Star